
Methacholine Test and Preparation

What is a Methacholine Inhalation test?

A Methacholine inhalation test is done to decide if you have asthma. If you do have asthma, this test helps decide how severe it is.

During this test, you breathe from a device called a nebulizer. You put your mouth on a mouthpiece and breathe increasing amounts of a substance called methacholine as a fine mist.

After you breathe in this mist for 2 minutes, we measure how much air your lungs can move in and out.

SHOULD I TAKE MY MEDICATIONS BEFORE THE TEST?

STOP taking the following medications:

- 24 hours before your appointment time, stop taking Serevent (Salmeterol), Oxeze (formoterol), Advair, Symbicort, Tiotropium (Spiriva), Theophylline, Zenhale (mometasone / formoterol), Onbrez (indacaterol)
- 8 hours before your appointment time stop taking Atrovent (Ipratropium)
- 4 hours before your appointment time, stop taking Ventolin (Salbutamol), Bricanyl, Airomir, Apo Salvent
- Take any other medications as you normally do, unless the doctor who ordered the test has given you other instructions.

WHAT TO DO IF YOU HAVE BREATHING PROBLEMS WHEN YOU STOP THE MEDICATIONS?

If you have breathing problems when you stop any of your medications, start taking the medication in your normal way and call the doctor who ordered the test as soon as possible.

When you come for this test...

- Medications can affect the results of this test.
- Bring all medications you take with you to this test.
- This includes all of the ones you take without a prescription, puffers, eyes drops, herbal products and vitamin supplements.
- Bring in any devices you use to take your puffers.

If you need to change or cancel your appointment, please contact the Booking Office 48 hours before your appointment time, so that another person can be schedule in your place. The phone number is 905-522-1155 ext. _____