
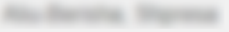


Learner Summary Report

Learner: 
 Program: Family Medicine
 Learning Plan Version: FM (effective July 1, 2020)
 Level: PGY1
 Academic Coach: 
 Date Range: July 01, 2020 - December 31, 2020

Domains of Care

Foundations of Primary Care

EPA 7. Adapt to clinical context - Modify approach to clinical care and adapt skills based on the local context including geography, resources, supports and physical environment

Form	# of Forms	Breakdown				
Family Medicine Field Note	1	0	0	1	0	0
Comments						
<p>- Understanding that her worsening of mood (chief complaint) could either be due to her unmonitored hypothyroidism, or a sign that her antidepressant needs to be modified - Emphasizing the psycho-social elements of mental health treatment to the patient (counselling, exercise, improving diet) - Identifying multiple forms of psoriasis during the physical exam of the patient (plaque, palmar/plantar, pustular)</p> <p>- Learning the potency of common topical steroids so I can better recommend what should be used (learning point: psoriasis flares require high potency steroids) - Learning to optimize appointments for patients such as these (who do not seek medical attention often) - address their multiple concerns but ALSO (if patient is willing) order appropriate screening tests for their age group (ie applying preventative medicine not just responsive medicine)</p>						

Care of Adults

EPA 4. Care for adults with common reproductive, gender-based and sexual health care issues - Care for adults with common reproductive, gender-based and sexual health care issues

Form	# of Forms	Breakdown				
Family Medicine Field Note	1	0	0	1	0	0
Comments						
<p>Using marker to outline lesion & bring patient back to see if any growth Keeping inflammatory breast cancer in the differential diagnosis - feature of "painless" being more concerning and pointing towards malignancy</p> <p>Identifying severity of breast concern and notifying preceptor to come see Comparing both breasts Advising patient how to prevent future wounds - loose/cotton bras Advising patient on wound care Handling multiple problems in one appointment - mental health addressed, did PHQ9 in office and will have followup</p>						

EPA 5. Care for adults with complex and/or chronic conditions - Care for adults with complex and/or chronic conditions

Form	# of Forms	Breakdown				
Family Medicine Field Note	2	0	1	1	0	0
Comments						
<p>You can re-frame his situation by helping him to see what function he continues to have and capitalize on that. Think about your limits on time and energy. Be honest , using skills like empathic statements etc. "I don't have an answer". Realizing that the therapeutic relationship is very important here, and is why patients come back to us for help, clarification etc. Discussed supportive vs change-oriented therapy. You can help him by booking some supportive counselling time to help him debrief how he is doing and help manage things like sleep, etc, hearing about it has affected his home / social life. - consider Family Counselling Centre of Brant for financial counselling and / or Service Ontario for Ontario Works / ODSP application</p> <p>Options for Hidradenitis suppurativa - there are a few steroid creams that may help but essentially referral to dermatology and biologics is the management Identifying what constitutes a "true flare" - when it would be appropriate to do oral antibiotics versus IV Abx</p> <p>You went to bat for him! E-consult , looking into financial resources, getting imaging done, calling life-labs , wanting to do more. You also are aware of your professional boundaries - how much time and energy resource you can give to one patient. You are self - reflective - aware of transference / countertransference. You are aware of your own feelings of helplessness, feeling responsible.</p> <p>Patient centered approach Timely response to patient concerns (telephone encounter --> advised patient to come in-office same day) Taking swabs of boils/abscesses and sending for C+S</p>						

Narrative Comments

There are no comments available.

Common Competency Based ITAR for FM Residents CBME v2 July 2018 [More Details](#)

[Click here to view an aggregate of the ITAR](#)

	Incomplete 1	Unsatisfactory 2	Provisional Satisfactory 3	Satisfactory 4
Score	0	0	0	2

Activity	Period	Source	Created By	Evaluator	Status
Pediatrics-Brantford General Hospital	Oct 20, 2020 - Nov 16, 2020	Scheduled	K4y_HD, Admin Oct 24, 2020	[REDACTED] Nov 05, 2020	Completed
Pediatrics-Brantford General Hospital	Oct 20, 2020 - Nov 16, 2020	Scheduled	K4y_HD, Admin Nov 07, 2020	[REDACTED] Dec 18, 2020	Completed

Comments

She was engages with her patients and had a lovely approach to their overall care. She tackled complex cases from both a medical and mental health perspective. I would encourage her to explore strategies to improve efficiency and provide a more expansive differential diagnosis with assessment and plan. Would welcome her back for another rotation in her second year.

Competency Based Family Medicine ITAR CBME (v2 July 2018) [More Details](#)

	Incomplete 1	Unsatisfactory 2	Provisional Satisfactory 3	Satisfactory 4
Score	0	0	0	1

Activity	Period	Source	Created By	Evaluator	Status
Family Medicine-Brantford	Jul 01, 2020 - Oct 19, 2020	Scheduled	K4y_HD, Admin Oct 10, 2020	[REDACTED] Oct 14, 2020	Completed

Comments

need to work more on pharmacology and applying evidence based approach to pt she has been advised to read more medical journals
stable progression in all domains is noted past month

Activities

Activity	N/A	I had to do	I had to talk them through	I needed to prompt	I needed to be there just in case	I didn't need to be there
Musculoskeletal Ultrasound (MSK) Procedures - Apply Below Knee Cast	0	0	0	0	1	0
Resuscitation - Arterial Blood Gases (ABGS)	0	0	0	0	0	1
Integumentary Procedures - Ingrown Toenail- Wedge	0	0	0	0	1	0
EENT - IOP Measurement	0	0	0	0	0	1
Integumentary Procedures - Excise Dermal Lesions	0	0	0	0	0	1
Integumentary Procedures - Cryotherapy	1	0	0	0	0	2

Event Attendance

Absent	Exempted	Present
1	2	37